

COVID-19 COMPETENCY VALIDATION PPE CHECKLIST (Instructor Guide)

Updated February 14, 2020

Name: _____ Date: _____
Unit: _____

TOPIC: Proper Donning and Doffing of PPE to Care for a patient infected or under investigation for COVID-19

Competency Statement:

The staff member will demonstrate the ability to don and doff PPE according to CDC guidelines

Performance Criteria	Met	Not Met	Comments
<p>1. Identifies the proper PPE to gather and verbalize that all appropriate PPE is available at point of use</p> <p>Isolation gown Gloves Face shield or goggles N95 Respirator- that has been fit tested from annual fit testing</p>			
<p>2. Verbalizes proper steps in examining PPE for defects</p> <p>Check each item to ensure there are no defects such as rips in the gown seams or creases on the face shield</p>			
<p>3. Demonstrates the ability to follow the proper steps for donning PPE in correct order:</p> <p>Donning PPE must always take place in an area where it is safe to be without PPE and all items of PPE must be worn prior to entering the patient care area</p> <ul style="list-style-type: none"> ➤ Hand hygiene using hand sanitizer for 20 seconds sanitizes all parts of hands, fingers and nail beds <p>Demonstrates good technique</p> <ul style="list-style-type: none"> ➤ Dons isolation gown <p>Don the gown following the manufacturer's instructions</p> <ul style="list-style-type: none"> ➤ Dons N95 respirator while ensuring air-tight fit ➤ Performs seal check <p>Place the top strap on the crown of your head and the bottom on at the nape of your neck</p> <p>Then mold the nose piece to the bridge of your nose and perform a seal check by breathing in deep and exhaling while feeling with your fingers for air leaking from the edges</p> <ul style="list-style-type: none"> ➤ Dons Face shield <p>Put on the face shield so that the foam headpiece rests on your forehead</p>			

<ul style="list-style-type: none"> ➤ Dons gloves covering wrist of gown <p>Ensure that no skin is exposed</p>			
<p>4. Demonstrates the ability to follow the proper steps for doffing PPE in correct order:</p> <p>All of your PPE with the exception of your N95 respirator is to be doffed by the door inside the patient care area</p> <ul style="list-style-type: none"> ➤ Performs hand hygiene using hand sanitizer on gloves <p>Refer to CDC Hand Hygiene poster at the end of this document</p> <ul style="list-style-type: none"> ➤ Doffs gloves <p>Using technique chosen by the facility</p> <ul style="list-style-type: none"> ➤ Doffs gown <p>Using technique chosen by the facility</p> <ul style="list-style-type: none"> ➤ Performs hand hygiene <p>Using technique chosen by the facility</p> <ul style="list-style-type: none"> ➤ Doffs face shield <p>Using technique chosen by the facility</p> <ul style="list-style-type: none"> ➤ Exits patient room <p>Ensure the door is completely closed</p> <ul style="list-style-type: none"> ➤ Performs Hand Hygiene <ul style="list-style-type: none"> ➤ Doffs N95 respirator <p>To remove the N95 pull one strap at a time over your head, beginning with the bottom strap</p> <p>As the top strap is removed, keep hold of the strap and use it to guide the N95 respirator into the trash</p> <ul style="list-style-type: none"> ➤ Performs Hand hygiene 			
<p>5. Verbalizes steps to take for suspected contamination of staff member</p> <p>If at any point you feel that you contaminated yourself, notify your nurse supervisor and follow your facility protocol</p>			

Validator Signature _____